



Dear Parent:

Summit Family Practice (“SFP”) is frequently asked to provide a medical evaluation and complete forms required by a school district, organization or club to clear a child for participation in certain physical activities.

These “sport physicals” and/or “school physicals” should *not* replace the annual well-child exam. The annual well-child exam allows us to discuss any health problems your child may have, including acute or chronic health conditions. It is also our opportunity to discuss with your child important topics such as peer pressure, nutrition and avoiding drugs, tobacco and alcohol. We want to develop an open, trusting relationship with you and your child so you can turn to SFP with questions or concerns regarding puberty, normal development or any medical conditions.

If your child has had a well-child exam within the last year and now needs a sports or school physical, we may need to update the medical history and provide a limited exam prior to completing the clearance form. SFP charges \$35 for this service which is payable at the time of your visit, as many insurance companies do not cover this service. SFP recognizes that some schools offer preparticipation physicals which may be a convenient and inexpensive alternative for you.

If it has been more than a year since your child’s last well-child exam, SFP recommends that you schedule a well-child exam rather than a sport physical. We will be glad to complete the clearance form at the same time with no additional charge.

Thank you again for choosing SFP to provide this important service. We value your trust and welcome your comments or questions.

Sincerely,

Providers of Summit Family Practice